The Dorn Method
Spinal & Joint Therapy for Acupuncturists and Chinese Medicine Practitioners

A two-day Certification Course
Friday 15th & Saturday 16th March 2013

Presented by
Jason Mallia
Master Instructor of the Dorn Method

Brought to you by
qiology

For Registration go to:
E: info@qiology.com.au | P: +61 405 044 576

The “Missing Link”
for Acupuncturists/Chinese Medicine Practitioners

In March 2013, Qiology has invited Dorn Method Master Trainer, Jason Mallia to conduct the first official certification training in The Dorn Method for Practitioners of East Asian Medicine.

This is a vital opportunity for those in the field of East Asian Medicine in Australia, to strive towards wholeness in their practice by integrating a “Structural Balancing” component into their clinical repertoire.

The Dorn Method characteristics:

- A complete healing method because it incorporates three important factors: Avoidance | Therapy | Self-Help
- A practitioner who uses the Dorn Method, guides clients towards a solution for their disharmony by: Explaining the causes of the problem. Applying a safe therapy, with, and not on, the client. Teaching self-help exercises for long lasting results.

What is the Dorn Method?

The Dorn Method is a non-manipulative, holistic manual therapy, created by Dieter Dorn (1938-2011) that facilitates the realignment of the spine and peripheral joints, to bring the overall structure and function of the body back to a state of dynamic balance.

The Dorn Method uses a specific diagnostic protocol to determine where the spine, joints and structures are out of alignment, and then balances these misalignments using safe, gentle and effective techniques.

One major advantage, and point of difference to The Dorn Method as opposed to manipulative therapies, is that it does not involve high velocity low amplitude thrusting, or cracking. The technique instead uses a combination of pressure, mobilisation, and movement to facilitate realignment in a gentle fashion. Another advantage of The Dorn Method is that the patient is not completely passive during the course of treatment, and plays an active role in the realignment.

Furthermore, the patient is then provided with a set of realignment exercises, tailored to their imbalance, that they may practice daily to facilitate their recovery process, and provide general maintenance to the structural alignment of their body.

“This seminar is a call to the East Asian Medicine profession in Australia to move toward wholeness in their practice. Bone-Setting was traditionally considered an essential component of East Asian Medicine, to balance the structure of the body, hence facilitating the correct flow of energies within and around the body. However, due to restrictions, certain structural balancing techniques have been restricted to other professions due to their high-risk nature. The Dorn Method, however, provides the East Asian Medicine Practitioner with a skillset of safe, gentle, and effective non-manipulative techniques to facilitate the Structural Balancing of their clients. This should be considered a vital component for those wanting to heal their clients on many levels.”

Peter Scarselletti  B. App. Sci (TCM) | Director of Qiology

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www.facebook.com/Qiology
Which practitioners will benefit from studying The Dorn Method?

Practitioners wishing to dramatically increase the effectiveness of their clinical results in musculoskeletal conditions.

Practitioners who are aware of their weakness in not having a Structural Alignment Component in their practice.

Practitioners who wish to retain clients whom they would usually refer to osteopaths, chiropractors or physiotherapists.

Practitioners who are wanting to connect with how the alignment of the spine and other body structures plays a powerful role in healing.

Practitioners wishing to strive toward wholeness in their practice.

Regardless of which style or system of body-mind therapy you practice, you will benefit by integrating The Dorn Method into your clinical repertoire.

The Dorn Method may be practiced as a complete system, or as a complement to your current treatments.

The course will include detailed instruction on:

- Revisiting Basic Anatomy and Physiology that relates to The Dorn Method.
- Theoretical principles of The Dorn Method.
- Assessment and diagnosis of Structural Imbalances (Misalignments in Joints).
- Safe application of the gentle manual therapy principles of The Dorn Method.
- Theory and safe application of the Breuss Massage, Spinal Harmonisation and Spinal Stretching Massage.
- The Dorn Method and Acupuncture in clinical combination.

For those who complete the Certification in The Dorn Method: Spinal & Joint Therapy for Acupuncturists and Chinese Medicine Practitioners, an opportunity exists for further study in the advanced concepts and techniques of the Dorn Method.

Those completing the necessary studies may also join the DMAA (Dorn Method Association Australia) – A free and independent umbrella organization for the Dorn Method in Australia.

For more information, please see: www.dmaa.info